

70/2017



St. Stephen's School
20 Siglap View
Singapore 455789

30 October 2017

FAMILYmatters
@ school

FMS Programmes for Primary One Parents on 2nd January 2018

Dear Parents/Guardians,

First day of school must be a new and exciting experience for both you and your child. We, at the FamilyMatters@School (FMS), have specially planned the programmes below for you, while you await to observe your child's recess, as well as his dismissal in school. Learn some tips on how you can support your child in his primary one transition period, as well as to use love languages to build bond and strengthen parent-child relationship.

FMS Parenting Talks on Tuesday, 2nd January 2018	
TIME	ACTIVITY
By 7.20 am	Place child in classroom
7.20 am	Registration for parenting talks at the foyer
7.30 am – 9.30 am	<u>1st FMS Parenting Talk:</u> 'Supporting Your Child's Transition to Primary One'
9.30 am – 10.00 am	Recess (parents can observe child from demarcated area in the canteen)
10.00 am – 10.30 am	Refreshment (only for parents who have signed up for two parenting talks)
10.30 am – 1.20 pm	<u>2nd FMS Parenting Talk:</u> 'The Power of 5 Love Languages for Family'
1.25 pm	Parents to observe or pick up child at the respective area indicated

Registration is on Thursday, 16 November 2017, Primary One Orientation Day **ONLY**. Please submit the registration form below together with exact cash payment to Mdm Lily Tan at the school canteen.

For clarification, you may contact our FMS Coordinator, Mdm Lily Tan via email: lily.sfe.sss@gmail.com or message her at 9069-2777.

* Parents who are driving on 2nd January 2018 please be reminded that you are not allowed to park on the double yellow line outside school or on the white zig-zag lines before and after the zebra crossing. LTA enforcement officers will not hesitate to fine you if you park at those areas. Parking within the vicinity of the zebra crossing will also warrant 3 demerit points above the fine of \$120. **You are strongly advised to park at the church nearby.**

Thank you for your support and partnership in the growth of your child.

Best regards,

Mdm Sun Poh Yoke
School Counsellor

'Supporting Your Child's Transition to Primary One'

Synopsis:

Transitioning to primary school can be an exciting as well as anxious phase in the life for your child, as well as yours. Some children take to school quite easily whilst others require more time to adapt.

Parents can facilitate the smooth transition of their children to Primary One by understanding several key aspects of this change in their child's learning journey. This workshop seeks to help you understand and manage the changes between pre-school and primary school life.

Speaker: Mr Johnny Ong

Johnny Ong has conducted countless talks and workshops in more than 70 schools that focus on parents', pupils' and teachers' development, as well as corporate companies. He left the corporate world in 2007 after 20 years in senior sales management roles in various multi-national companies, to pursue his lifelong passion of writing, speaking and training. His training methodology effectively combines first hand insights and theoretical concepts in a light-hearted, yet informative manner.

Johnny's academic credentials include a Master of Social Science (Professional Counselling) degree from the Swinburne University of Technology (Australia), and a Master of Business Administration degree from the University of Hull (United Kingdom). His other academic credentials are: Advanced Certificate in Training and Assessment (IAL Singapore), and Diploma in Psychotherapy from the School of Positive Psychology (Singapore). He is also a certified Extended DISC consultant, an adjunct lecturer in counselling psychology, and certified counsellor in his own private practice.

'The Power of 5 Love Languages for Family'

Synopsis:

- What are the 5 love languages?
- To understand Emotional Love and Emotional Tank
- To identify our children's and our own love languages, and to communicate effectively using these love languages, so that you can build a happy, harmonious and strong relationship
- The use of 5 love languages can also help to bridge communication gap, and to strengthen parent-child relationship

Speaker: Ms Anne Chua

Anne Chua has been conducting parenting talks for more than 10 years. She is a certified Triple P Practitioner (Level 4) and a Child Psychologist with Bachelor of Psychology from Edith Cowan University in Perth, Western Australia. In addition, she has a Diploma in Special Education from National Institute of Education (NIE) in 1992.

In 2013, she was awarded a Post-graduate certificate in Individual and Group Psychotherapy (Psychodrama) from the London Institute of Psychodrama. Currently, she is conducting regular psychodrama at Girls' Home to help girls reconcile their parent-child relationships.

And since 2005 up to current, she has been teaching Certificate in Practical Counselling at the Academy of Human Development.

Being a Family Life Educator, Family Counsellor, Therapist, MSF-Approved Family Life Education Speaker, and Clinical Child Psychologist, she has conducted numerous students, parents and family workshops in schools, institutions and corporations to build strong families.

St. Stephen's School – FMS Parenting Talks on 2nd January 2018

Registration Form (Attn: Mdm Lily Tan)

Non-refundable registration fee:

One Topic: \$8 per parent or \$12 per couple

Two Topics: \$16 per parent or \$24 per couple

Name of Pupil: _____ Class: _____

Topic	Amount
<u>'Supporting Your Child's Transition to Primary One'</u> Name of Father attending: _____ Name of Mother attending: _____	
<u>'The Power of 5 Love Languages for Family'</u> Name of Father attending: _____ Name of Mother attending: _____	

Name of Parent to contact: _____

Contact No.: (Mobile) _____ (Home) _____ (Office) _____

(Email) _____

(Please write clearly)

For official use:

Amount Collected: \$ _____

Collected by: _____

Date: _____

Parent's Signature

Date

Organized by:

Supported by:



FAMILY matters
school