



(founded in 1957)  
A School of the DeLaSalle Brothers

27 April 2018

### NATIONAL PHYSICAL FITNESS AWARD (NAPFA) CHALLENGE 2018

Dear Parents/Guardians,

As part of the school PE programme, your child's/ward's NAPFA CHALLENGE 2018 is scheduled as follows:

Level: P6

Date	Time	Venue	Classes	Type
15/5/2018 (Tue)	2.30 pm to 4.00 pm	School Hall	6A, 6E & 6H	1 <sup>st</sup> Five items
15/5/2018 (Tue)	3.10 pm to 4.40 pm	School Hall	6I, 6N & 6P	1 <sup>st</sup> Five items
22/5/2018 (Tue)	3.00 pm to 4.30 pm	Track/Field	6P, 6N & 6I	1.6 km run*
22/5/2018 (Tue)	3.30 pm to 5.00 pm	Track/Field	6H, 6E & 6A	1.6 km run*

\*wet weather plan on 23/5 during curriculum hours

Chief Testers:

15/5/2018 (Tue) – Mr. Stephen Tan

22/5/2018 (Tue) – Mr. Jansher Khan

**For the interest and safety of your child/ward, parents/guardians are advised on the following:**

- inform the class teacher in writing if your child/ward is medically exempted from NAPFA
- remind your child/ward not to take NAPFA if he is not feeling well
- remind your child/ward to wear PE Attire (track shoes are allowed)
- ensure that your child/ward has sufficient sleep and avoid heavy lunch before NAPFA
- remind your child/ward to bring a water-bottle
- submit the acknowledgement slip to the class teacher
- remind your child/ward to report to the school canteen 10 minutes before NAPFA

Thank you and looking forward to your co-operation.

Sincerely,

Ms. Zoe Koh  
Teacher in Charge NAPFA 2018

Mr. Stephen Tan  
HOD PE/CCA/Aesthetics

---

#### NAPFA CHALLENGE 2018 Acknowledgement Slip (ref to letter dated 27 April 2018)

Name of pupil: \_\_\_\_\_ ( ) Class: P6 \_\_\_\_\_

Name of parent/guardian: \_\_\_\_\_ Tel: \_\_\_\_\_ (HP) \_\_\_\_\_ (O)

Signature of parent/guardian: \_\_\_\_\_